

Lunch Menu

Basic Sandwiches	2.00
Cheese, Honey, Jam, Vegemite or Peanut Butter	
Sensational Sandwiches	1 Filling: 2.80
(White or Multigrain) 2 Fillings: 3.20	
(Plain or Toasted) 3 Fillings: 3.50	
Fillings: Ham, Chicken, Tuna, Egg, Curried Egg, Beetroot, Carrot, Sprouts, Cheese, Cucumber, Lettuce, Onion, Pineapple, Tomato (Egg & Lettuce 1 Filling Charge)	
Rocking Rolls	Salad: 3.50
	Meat & Salad: 3.80
Wondrous Wraps	3.80
Ham, Chicken or Tuna & Salad	
Stupendous Salad Bowls	Medium: 3.50
	Large: 4.50
<u>Hot Food</u>	
Corn Cobettes	0.70
Lite Party Pie/Sausage Roll	1.50
Dino Snacks (5 pieces & sauce)	3.50
Chicken Smoochie	3.30
Chicken/Ham & Salad Smoochie	3.50
Chicken Burger	3.50
Blasta Pasta Lasagne/Spaghetti	3.20
Hokkien Noodles/Fried Rice	3.20

Summer Menu **Term 4**

<u>Lunchbox Special 1</u>	
Basic Sandwich	}
Piece of Fruit	}
Custard Cup	}
	2.50
<u>Lunchbox Special 2</u>	
Mini Rice Crackers	}
Popper	}
Small Fruit Salad	}
Party Pie or Sausage Roll	}
	4.50
<u>Lunchbox Special 3</u>	
Chicken Smoochie	}
Popper	}
Jelly & Fruit Cup	}
	5.00
<u>Lunchbox Special 4</u>	
Blasta Pasta Lasagne/Spaghetti	}
Big M Milk	}
Jelly & Fruit Cup	}
	5.50
<u>Lunchbox Special 5</u>	
Rocking Rolls	}
Large Fruit Salad	}
Water	}
	6.50
<u>Items Available ONLY at Big Lunch</u>	
Golden Circle Ice Blocks	0.40
Bulla Ice Cream Cups	0.60
Calippo	1.00
Frozen Yoghurt	\$1.60

Breakfast items available over the counter between 8.30 – 8.50am ONLY

Mini Muffins	0.30
Boiled Egg	0.60
Small Fruit Salad	1.00
Slice of Melon/Piece of Fruit	0.20 – 1.00
Cheese & Crackers	1.00
Banana Smoothie	1.50

Drinks

Water	1.50
Poppers	1.50
Apple, Apple/Blackcurrant, Orange	
Tetra Milk Big M	1.50
Chocolate, Strawberry	
Big M Milk	2.00
Chocolate, Strawberry	

Snacks

Pizza Bites	0.20
Mini Muffins	0.30
Cheese Sticks	0.50
Banana OR Carrot Cake	0.50
Custard Cup	0.50
Jelly & Custard	0.70
Jelly & Fruit	0.70
Apple Slinky	0.70
Cheese & Crackers	1.00
Mini Rice Crackers	1.00
Slice of Melon/Piece of Fruit	0.20 – 1.00
Fruit Salad	Small: 1.00
	Medium: 2.00
	Large: 3.00

Please note: **Prices have increased** from last menu in line with ingredient price increases.
We **ALWAYS** welcome parent/carer assistance in our tuckshop **OR** input into our menu.

Dear Parents and Carers

If you have some spare time, please consider volunteering in our Tuckshop – you would be very welcome even if you only have an hour. It is a great atmosphere to work in. Coffee, tea and chat is supplied free.

Please contact me and let me know what days are suitable for you.

Swimming Day – Thursdays

This term, students will be attending swimming lessons.

CLASS 2/3A,2/3B & 3C	Both Breaks
CLASS 4A and 4B	2 nd Break Only
CLASS 5A, 5/6D & 6/7A	2 nd Break Only
CLASS 6/7B & 6/7C	1 st Break Only

Tuckshop is available **Wed-Fri** from the second week of term until **end of November**.

On **Wednesday 2nd December**, we will offer all foods, hot and cold, over the counter to clear our stock for end of year.

On **Thursday 3rd December**, we will have a Red Day Special – keep an eye out for your child's Pizza Red Day Order form.

On **Friday 4th December** we need to fully clean the tuckshop and would love as many hands as possible during that morning. During the afternoon, a celebration of all volunteers throughout the year is being organised.

Thanks.

Cherie Dionysius

Tuckshop Ordering Procedure

To Order, please write the following details clearly on a suitable sized paper bag:

1 st or 2 nd Break
Child's Name
Child's Class
Items Required & Price

A **SEPERATE BAG** is required for each break. Bags are available for 10c each.

Years Prep – 4

Orders to be placed in baskets in classroom.

Teachers will organise for the baskets to be delivered to Tuckshop before **9.30am**.

Late orders should be given directly to the Tuckshop. Late orders may be altered.

Filled orders are collected and taken to the classrooms at each break.

Years 5 - 7

Orders to be handed in at the Tuckshop by 9.30am.

Late orders should be given directly to the Tuckshop. Late orders may be altered.

Filled orders are collected by student at each break.

Snacks and drinks available over the counter during breaks.

If Ice Blocks are ordered, your child's bag will be marked for THEM TO PRESENT to tuckshop to receive their iceblock at playtime. Frozen treats are only offered at Big Lunch.

BARGARA STATE SCHOOL P&C ASSOCIATION

**OPEN WEDNESDAY,
THURSDAY &
FRIDAY ONLY**

**MUNCH & CRUNCH CAFÉ
TUCKSHOP MENU
TERM 4 2009**

HOURS: 8.30am – 1.30pm

TUCKSHOP CONVENOR

Cherie Dionysius

School Phone: 4150533 - ask for Tuckshop

In line with the Queensland Government's

SMART CHOICES

*Healthy Food and Drink Supply Strategy
for Queensland Schools*

***NEW Monday mingle morning tea –
Mondays after Assembly– parents/carers
invited to come along for tea/coffee & cake
- \$2 (chat is free)***

***The Chaplain's Free Breakfast initiative is to
be announced in the newsletter SOON***

For Order Instructions, please refer to the back page of this menu.

A **SEPERATE BAG** is required for each break. Bags are available for 10c each.

This menu (and any updates) is now available online at www.bargarass.eq.edu.au/wcmss