

TUCKSHOP ORDERING PROCESS

To order, please write the following details clearly on a suitable sized paper bag:

1st or 2nd Break

Child's Name

Child's Class

Items Required & Price



Bags are available for 10c each.

A **SEPARATE BAG** is required for each break.

Years Prep—2

Orders to be placed in baskets in the classroom before school commences.

Teachers will organise for the baskets to be delivered to tuckshop before **9.15am**.

Late orders should be given directly to the tuckshop. Late orders may need to be altered.

Filled orders are collected and taken to the classrooms at each break.

Years 3—6

Orders to be handed in at the tuckshop by 9.30am.

Late orders should be given directly to the tuckshop. Late orders may need to be altered.

Filled orders are collected at the tuckshop by the student at each break.

Dear Parents & Carers

If your child is sick and is going home from school, please notify the tuckshop so you can collect the food or organise a credit.

PLEASE NOTE: Some students in Years 4-6 participate in interschool sport on Fridays. If your child is involved please ensure they order all food, **INCLUDING WATER PURCHASES**, for 1st Break collection.

Tuckshop is looking for volunteers to help on Thursdays and Fridays.

Grandparents and friends are welcome but will require a working with children blue card (This is easy to apply for through the school office). Parents do not require a blue card. Any help is very much appreciated even if only for an hour. Please leave your name and phone number at the office or pop in and see Kirstie at the Tuckshop if you are able to help.

Thank you.



BARGARA STATE SCHOOL
P&C ASSOCIATION

BARGARA STATE SCHOOL
P&C ASSOCIATION

TUCKSHOP MENU

TERM 3, 2019

Phone: 41505333



In line with the Queensland Government's
SMART CHOICES
Healthy Food and Drink Supply Strategy
for
Queensland Schools.

**OPEN THURSDAY & FRIDAY
8:30am - 1:30pm**

Available online at:
www.bargarass.eq.edu.au

Design Your own Salad Sandwich or Wrap

Choose one: Ham, Chicken or tuna \$4.50

Choose fillings: lettuce, tomato, cucumber, carrot, beetroot, red onion, cheese

Choose your bread: white, wholemeal or multi-grain, or a wrap

Sandwiches

Vegemite, honey, peanut butter or cheese \$2.00

Egg & Lettuce \$3.00

Salads

Salad Bowl

Lettuce, tomato, cucumber, red onion, capsicum, beetroot, carrot & cheese with balsamic dressing

With: ham, chicken or tuna \$5.00

Add a boiled egg for an extra 50c

Caesar Salad

Lettuce, bacon, croutons, egg, cheese & Caesar dressing.

Add chicken \$5.50

Toasties

Cheese \$3.00

Ham & cheese \$3.50

Ham, cheese & tomato \$4.00

Chicken & Cheese \$4.00

white, wholemeal or multigrain bread

Hot Food

Beef Lasagne \$4.50

Mac and Cheese pasta. \$4.50

Sausage roll \$2.50

Spinach and Fetta Sausage roll \$3.50

Homemade Pizza \$4.00

Ham & pineapple with tomato sauce OR Chicken and bacon with BBQ sauce, topped with cheese on a delicious thin base

Chicken Burger \$4.50

Chicken burger pattie, lettuce, tomato, cheese and mayo.

Bargara Beef Burger \$4.50

Beef burger pattie, lettuce, tomato, cheese and BBQ or tomato sauce

Chicken & Gravy roll \$4.00

Chicken breast in a roll topped with gravy.

Meatball Sub \$4.50

Meatballs in tomato sauce in a roll topped with cheese

Chicken Tender Wrap \$5.00

Crumbed chicken strips with lettuce, Tomato, cheese, mild sweet chilli sauce and mayo on a wrap.

Snacks

Muffins \$1.00

Homemade muffin, flavours alternate: chocolate & vanilla, (Gluten free option available, chocolate)

Choc coconut slice (gluten free) \$1.00

Mini Snack Tray \$2.50

Carrot & celery sticks, cheese and crackers

Yoghurt Berry Crunch Cup \$1.50

Fresh Air Popped Popcorn Cup 50c

Low Fat Vanilla Custard Cup \$1.00

Vanilla yoghurt topped with berries & toasted muesli

Boiled Egg .50c

Corn Cob \$1.00

Drinks

All drinks \$1.60

Chocolate or Strawberry Milk

Apple, Apple & Blackcurrant & Orange Poppers

Water

Ice Blocks

(available to purchase over the counter at 2nd break playtime)

GC Icy Stick .50c

Zing \$1.00

Vanilla Ice cream cup \$2.00

Assorted home ice creams \$1.00-\$1.50

.....